

Starting a New Life and DivorceCare

Next sessions will begin February 9th and 10th, at 7:00 PM in the Education Building

Jesus in his humanity was able to weep for the loss of a loved friend Lazarus. In his divinity, He was able to promise comfort for those who are grieving. St Frances Cabrini offers a ministry of grief support called **Starting a New Life**. For more than 19 years this ministry has helped people who have lost a loved one to death. It is a peer ministry, which means that all facilitators have experienced a loss, and can aid those in grief. This ministry offers two ten week sessions, one in the fall and one in the winter, to help people who have lost a spouse, a parent, a child, a relative, a close friend to death. This is a Christ-centered ministry that focuses on helping those who are grieving by the support and empathy of those who have grieved themselves, and helps them to work through their grieving process, and begin their new life without the one they have lost. For more information please call the parish office at 817-326-2131 or call Phillis and Bill Brewer at 817-573-8915.

DivorceCare is a ministry designed to support and help those who are going through, or have gone through divorce/separation. This ministry is also facilitated by those who have experienced divorce/separation, it will begin on Wednesday February 10th at 7:00 PM in our Education Center. Separation and Divorce have many different aspects than loss of a loved one through death, it includes shame, abandonment and rejection. For more information call: The parish office at 817-326-2131 or Phillis and Bill Brewer at 817-573-8915.

Retiro para solteros que sean viudos o divorciados

Un retiro está programado para el viernes, 12 de febrero de las 9:00 AM a 2:00 PM. Esto es para hombres y mujeres, de 55 años y mayores que han perdido a su esposo(a) a través de divorcio o muerte. El Padre Fernando será nuestra líder. Comenzaremos con la misa de las 9:00 AM en la Capilla y luego iremos hacia el salón de jóvenes en el Centro Familiar, terminando a las 2:00 PM. Habrá botanas en la mañana y después tendremos el almuerzo. Por favor reserve su lugar. Para más información o para reservar un lugar en el retiro - por favor llame o mande un correo electrónico a Maureen Fuller al 817-279-2169 o maufuller17@gmail.com.

Si usted sabe de un miembro de nuestra parroquia que ha perdido a su esposo(a) por favor comparta esta información sobre el retiro con ellos.

Students are needed! Friday, February 12th from grades PK – 8th to participate in the Stations of the Cross beginning at 7:00 PM. If your child is interested in



participating, please contact Denise or Erica at 817-326-2131.

¡Se Necesitan Estudiantes! Para el viernes 12 de febrero de grados PK-8 para que participen en el Vía Crucis que comenzara a las 7:00 PM. Si su hijo(a) está interesado en participar, por favor comuníquese con Denise o Erica al 817-326-2131.

The Knights of Columbus will be collecting canned goods during Lent. They can be placed in the narthex of the church or to the Family Life Center.



Los Caballeros de Colon estarán juntando comida enlatada durante la Cuaresma. Los puede dejar en la entrada de la iglesia o en el Centro Familiar.

Knights of Columbus Fish Dinners

The Knights of Columbus Lenten Fish Dinners are back! Come join us every Friday from 5:00-7:00 PM in the FLC during lent. Choose from either fried or baked fish with baked potato, coleslaw, hushpuppies, drinks and dessert. Adults \$10, children 12 and under \$8.



Cenas de Pescado

¡Regresan las cenas de Pescado por los Caballeros de Colon! Acompáñenos cada viernes de 5:00-7:00 PM en el Centro Familiar durante la Cuaresma. Puede escoger entre pescado frito o horneado con una papa cosida, ensalada de col, un pan de maíz, una bebida y postre. Para los adultos serán \$10 y para los niños menores de 12 será \$8.

Pilgrimage to The Shrine of Our Lady of Guadalupe & Mexico City



Join Fr. Fernando on a Pilgrimage to The Shrine of Our Lady of Guadalupe & Mexico City including Excursions to Tlaxcala, Puebla and Coyoacan, May 19th-24th. St. Frances will be having a "private pilgrimage" which means it is only being offered to members of our Parish along with any family and friends interested in joining us. As such, we are also receiving a discounted price from their normal rate. For more information about this pilgrimage please visit <http://www.pilgrimages.com/frfernando/> where you will be able to view the pricing, itinerary, inclusions, terms and conditions and register for the trip (online or by contacting by phone).