

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, exhilarate me.
Water from the side of Christ,
wash me.

Passion of Christ, strengthen me.
O good Jesus, bear me.
Within Your wounds bide me.
Suffer me not to be separated
from You.

From the malignant enemy defend me.

In the hour of my death, call me.
And bid me come to You.
That, with Your Saints,
I may praise You.
Forever and ever. Amen

